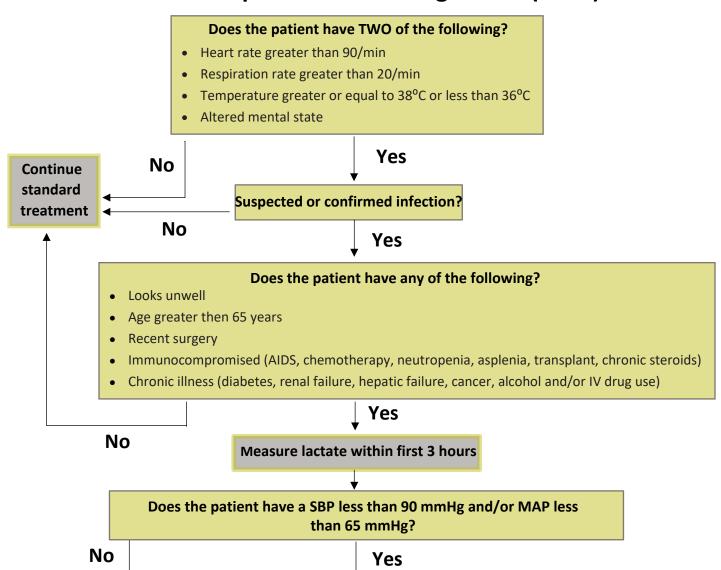


# **Adult ED Sepsis Guidelines Algorithm (2022)**



- Rapidly assess for infectious vs non-infectious source
- Administer broad spectrum antibiotic within <u>3 hours</u> if concern for infection persists
  - \* Blood cultures before antibiotic administration
- Administer at least 30 mL/kg of balanced crystalloid within first 3 hours of resuscitation if evidence of hypoperfusion (tachycardia, low urine output, acute kidney injury, elevated lactate, etc)

- Administer broad spectrum antibiotic within 1 hour
  - \* Blood cultures before antibiotic administration
- Complete crystalloid fluid bolus (30 cc/kg) within first 3 hours (balanced crystalloid preferred)
- Initiate norepinephrine early if MAP less than 65 mmHg after initial fluid bolus
  - \* If infusing norepinephrine greater or equal to 15 ug/min or 0.25 ug/kg/min, consider adding vasopressin 0.03 units/min (1.8 units/hr)
  - \* If cardiac dysfunction suspected, consider adding dobutamine or switching to epinephrine
- Repeat lactate every 2-4 hours if initial result greater than 2mmol/L, until normal
- Administer hydrocortisone 50mg IV q6h if vasopressors expected/administered more than 4 hours

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### Clinical Order Set

Demographics

ED	Nur	se Pi	rotoco	)		
ΑD	ULT	Sus	pecte	d S	eps	is

<b>ADULT Suspe</b>	cted Sepsis				
	Page 1 of 2			Key	Phase
Instructions for comple  ☑ Indicates a pre ☐ Must tick the I Fill in blank sp - Indicates an ite	MAR – Medication Administration Record K – eting this order set: e-selected order. To delete a pre-selected order, of pox for order to be implemented. Orders not che aces as needed/appropriate erm for consideration by Provider; is NOT an order ol - ADULT Suspected Sepsis	draw a line through it cked will not be impleme			
	Systemic Inflammatory Response Synd	rome (SIRS) Criteria:	$\neg$		ер
	Temperature less than 36 C° OR greater than		$\dashv$	į	Š
	Heart rate greater than 90 BPM	136 C	=		ed
	Respiratory rate greater than 20/min		_	i i	t c
	Altered mental status (e.g. somnolence, confi Coma Scale less than 15)	usion, agitation, Glasgow	'		nspe
AND - Patients goals of care are Initiate this order set if - Looks unwell - Age greater than 65 - Recent surgery - Immunocompromised (In-Chronic illness (Including - Cardiovascular: abnormal swelling, or redness - Respiratory: cough, sputter - GI/GU: abdominal pain, control - Tubes and Lines: IV, centrol - Tubes and Lines: IV, centrol - NPO	a AND any established risk factor(s) as per Sepsis curative positive SIRS criteria AND at least ONE risk cluding AIDS, chemotherapy, neutropenia, aspler diabetes, renal failure, hepatic failure, cancer, ald peripheral pulses, prolonged cap refill, mottled sum, chest pain, shortness of breath distension, vomiting, diarrhea, dysuria/frequency ral line, indwelling catheter, invasive medical devices	factor: nia, transplant, chronic st coholism, IV drug use) skin, cold extremities, ski			ED Nurse Protocol - ADULT Suspected Sepsis
Activity					
	ead of bed at 30 degrees or higher				
Communication Orde  ✓ Notify Provider, For ant	rs Libiotic orders as soon as possible to allow for ant	ibiotic administration wi	thin 1 hour		1
Signature, Designation		Date	Time	Page 1/2	

EOS – ED0411Aug2021 (Modified by B. LeGuerrier, ED CNE @ CVH; April 2022)

NP Suspected Sepsis/RN/08-21/v3



## Clinical Order Set

D							

ED	Nur	se Pr	rotocol	-	
AD	ULT	Sus	pected	Sep	sis

ADULI Suspected Sepsis				
Page 2 of 2			Key	Phase
<b>Key:</b> Req – Requisition MAR – Medication Administration Record K – Ka	rdex <b>Dis</b> – Discontinue	ed .		Tiluse
Laboratory Hematology				
✓ Complete Blood Count and Differential, Blood, STAT				
Chemistry				
☑ Electrolytes and Creatinine Panel, Blood, STAT				
☑ Glucose Level Random, Blood, <b>STAT</b>				sis
☑ ALT, Blood, <b>STAT</b>				ď
☑ GGT, Blood, <b>STAT</b>				Se
☑ Lactate, Blood, <b>STAT</b>				<b>7</b>
☑ Lipase Level, Blood, STAT				e e
☑ Bilirubin Total, Blood, <b>STAT</b>				בל
Venous Blood Gas (VBG), Venous Blood, STAT (Check off acute blood gases	s)			pe
- Select hCG for applicable patients of child-bearing age WITH a uterus  ☐ hCG Qualitative, Blood, Routine OR ☐ STAT				ED Nurse Protocol - ADULT Suspected Sepsis
Microbiology				H
☑ Blood Culture x 2, <b>STAT</b>				=
$lacktriangle$ Macroscopic Urinalysis with Culture if Positive, Urine, <b>STAT</b> , <b>Source</b> : $\Box$ Mic	dstream 🗌 In & Out 🗀	Catheter Indwelling		<b> </b>
Diagnostic Imaging				₹
☑ Review Previous ECG Results				
☑ HH ECG Electrocardiogram, ASAP, Suspected Sepsis				<u></u>
Continuous Infusions				Ö
- If systolic BP less than 100 mmHg <b>OR</b> MAP less than 65 mmHg, then select IV	bolus order			Ę
$\hfill \square$ Lactated Ringers IV Bolus, 500 mL, IV, ONCE, infuse over 20 min, Give as bo	lus, if SBP less than 100	mmHg <b>OR</b> MAP	i ! !	<u> </u>
less than 65 mmHg; Assess full vital signs post-IV bolus and col	ntact Provider if MAP les	ss than 65 mmHg	: 	<u> </u>
Medications			i i i	Se
Analgesics and Antipyretics (non-opiate)			! ! !	ב
***Max acetaminophen from all sources 4,000 mg per 24 hours***			! ! !	Ž
acetaminophen - RANGE DOSE 500 mg to 1,000 mg, Tab, oral, ONCE, PRN f	· -		! ! !	
acetaminophen - RANGE DOSE 650 mg to 975 mg, Supp-Rectal, ONCE, PRN	for fever, Temp greater	than 38 C °	<u> </u>	ш
			!	
			!	
			!	
			'	
Signature, Designation	Date	Time Page 2	2/2	



LABORATORY F	REQUES1
BLOOD	)

his form when completed constitutes a referral to VIHA laboratory physicians Ill Red areas MUST be completed by the requestor				
ORDERING PHYSICIAN:  Print first and last	t name clearly; include middle initial			
MSP_PRACTITIONER#:				
COPY OF RESULTS TO:				
DATE REQUIRED:				
STAT, collection and testing STAT	MED, time required:  AT collection only  ON-LAB COLLECTION type/device			
Collected by: Tim	ne: Date:			
DIAGNOSIS AND RELATED TEST INFORM	MATION: Suspected S			
Bolded test names available STAT (* indicates limited to specific diagnosis, see back p				
HEMATOLOGY	COAGULATION			
★ Hematology profile □ RBC morphology	Check (√) applicable box  ☐ No anticoagulant			

Pt LOCATION in ER:				
PATIENT NAME				
LOCATION				
MRN#	Apply patient label			
PHN#				
BIRTHDATE				
PATIENT ADDRESS				
Use Transfusion Medicine Requisition for Blood Product Requests				
Accession # (Lab Use only)				

DIAGNOSIS AND RELATED TEST INFORMATION: Suspected Sepsis				
Bolded test names available STAT (* indic			prior to facility cut-off time for early morning collection	
HEMATOLOGY	COAGULATION	IMMUNOLOGY	TRANSFUSION MEDICINE	
	Check (v) applicable box No anticoagulant Coumadin/Warfarin Heparin LMWH Fibrinolytic (Streptokinase, TPA) Other anticoagulant INR PTT Fibrinogen D-Dimer* Lupus inhibitor panel	□ ANA □ ANCA □ DNA double stranded Ab □ ENA Ab □ Rheumatoid factor □ Mitochondrial Ab □ Smooth muscle Ab □ Thyroid specific peroxidase Ab □ Cardiolipin Ab Special procedures available by (Hemato) Pathologist consultation	<ul> <li>□ Bone donation</li> <li>□ Direct antiglobulin test (DAT)</li> <li>□ Cold agglutinin screen</li> <li>□ Hemolytic disease of newborn investigation (HDN)</li> <li>□ Newborn Rh type</li> <li>Mother's name:</li> </ul> Mother's MRN:	
CHEMISTRY				
☐ Glucose ☐ Glucose fasting ☐ Hemoglobin A1c ☐ Creatinine ☐ Electrolyte ☐ Sodium ☐ Potassium ☐ Carbon dioxide total ☐ Albumin level ☐ Alkaline phosphatase ☐ Amylase ☐ ALT ☐ Bilirubin total ☐ Bilirubin conjugated ☐ Calcium ☐ Calcium ionized	IgA	Endocrine Tests  Cortisol AM Cortisol PM Parathyroid hormone TSH  Menstrual History Check Applicable box LMP date dd-MM-yy Post Pre-menopausal hCG (serum preg test)* hCG quantitative Estradiol FSH LH Progesterone Prolactin	Cardiac Tests Troponin Baseline Timed (indicate time required above) BNP/NT-proBNP CK* Lipid profile (if checked LDL reported) Triglycerides HDL C Reactive Protein* Toxicology Tests Acetaminophen Ethanol Salicylate Tricyclic semi-quantitative	
<b>DRUG MONITORING - THERAPE</b>	UTIC*		WHOLE BLOOD TESTS	

DRUG MONITORING - THERAPEUTIC*			WHOLE BLOOD TESTS
Dose:Time of last dose:	Time of next dose:  Cyclosporine Trough Vancomycin Trough Carbamazepine Clozapine Digoxin* Lithium Olanzapine Phenobarbital	Time Required:	□ Arterial X Venous □ Capillary □ Cord □ Blood gases (pH, pCO₂, pO₂) □ Sodium blood □ Potassium blood □ Chloride blood □ Calcium ionized blood □ Chloride blood □ Calcium ionized blood □ Hemoglobin POC
HEPATITIS AND HIV TESTING*	_ Theriosarbital	BLOOD CULTURE*	
<ul> <li>☐ Hepatitis screen ACUTE (HBsAg, Anti-HBs, Anti-</li> <li>☐ Hepatitis screen CHRONIC/previous (HBsAg, Anti-HBsAg)</li> <li>☐ Hepatitis B surface antigen CARRIER (HBsAg)</li> </ul>		AntibioticsIndicate if unusual pathogen su	uspected TB or AFB

**OTHER TESTS** 

☐ HIV (Ag/Ab Combo)

☐ Hepatitis B surface antibody IMMUNITY (anti-HBs)

☐ Hepatitis A antibody IgG IMMUNITY (anti-HAV IgG) ☐ EXPOSED person (blood or body fluid exposure) ☐ SOURCE person (blood or body fluid exposure)

#### This Inpatient "BLOOD" requisition is to be used for all blood specimen requests (other than for Transfusion Medicine Blood Products)

#### **ORDERING PRIORITIES**

ROUTINE Orders designated routine are processed during the normal h of Laboratory operation ("normal" h are

facility-specific).

Routine orders received after facility-specific "cutoff" times are processed on the following day. Routine pre-operative orders fall under this category and are not to be ordered as STAT, except after

consultation with a laboratory physician.

Results for most ROUTINE tests are available the same day; however some tests are batched and/or referred to other

laboratories for testing.

**SYSTEM** UTILIZATION Used when there is a critical need to improve patient flow. These tests are given priority over routine work.

**STAT** (Collection

Used when a critical care situation exists.

and testing) Tests available as STAT priority are identified in bold on the face of the requisition.

The following tests are only available STAT for specific diagnoses.

CK for rhabdomyolysis

CRP for temporal arteritis and polymyalgia rheumatica Digoxin if indicated by ECG changes or clinical history

hCG (quantitative) if ectopic presentation Magnesium if indicted by ECG changes D-Dimer if pulmonary embolism presentation

STAT (Collection only) To be used when the specimen is required to be collected urgently but the analysis can be deferred.

TIMED Used when the sample needs to be collected at a specific time or at specific timed intervals. Eg. drug levels,

cardiac markers. Check TIMED tick box and fill in Time Required information.

#### **BLOOD CULTURES**

A routine adult blood culture order consists of 2 sets of bottles (1 aerobic + 1 anaerobic bottle per set).

NUMBER AND TIMING OF BLOOD CULTURES				
Adult	2 sets collected per day. A blood culture order will initiate the collection of 2 sets.	Two blood culture sets are preferably obtained from two different collection sites during one visit to the bedside to minimize inconvenience and to maximize sensitivity.		
Pediatric	A single venipuncture per day.			

Blood cultures are limited to 2 sets/day. Only if these sets are insufficiently filled (<30 mL between 4 vials), will a third set be permitted around a febrile episode. Medical Microbiologist or site pathologist approval is required for the third set.

Blood cultures can be ordered on two consecutive days. After that, Medical Microbiologist or site pathologist approval required.

Inclusion of relevant clinical information on the requisition is necessary so that extended incubation times can be implemented e.g. Special vials are collected for patients with suspected/confirmed candidemia or fungemia, systemic infections with mycobacteria, endocarditis, presence of vascular grafts, prosthetic valves, enteric fevers, etc.

### **HEPATITIS AND HIV TESTING**

Exposed and source person (blood or body fluid exposure) requests:

Test menu: HbsAg, anti HBs, anti HB core total, anti HCV, anti HIV 1 & 2 stat

Blood and body fluid exposure form must also be completed

DRUG MONITORING Collections between 2000h and 0700h (or outside facility specific) require prior approval

Drug	Measurement	Collection Time
Gentamicin	Low dose 1 - trough	0 - 30 minutes before dose optimal
Tobramycin	Low dose 1 - peak	30 -60 minutes after end of IV infusion
1 ′	High dose <sup>2</sup> - (q24) trough	0 - 30 minutes before dose optimal
Amikacin	Hartford dose <sup>3</sup>	Interval level 6-12 h post dose
	Random	Collect any time
	Trough	0 - 30 minutes before dose optimal
Vancomycin	Peak	Not required, consult Medical microbiologist
	Random	Collect at any time
Theophyline	Peak	Within 30 minutes after dose if IV
All others	Trough	0 - 30 minutes before dose optimal

<sup>&</sup>lt;sup>1</sup> - Low dose: Gentamicin / Tobramycin (1 - 2 mg / kg / dose), Amikacin (5 - 7.5 mg /kg /dose)

#### **FASTING RECOMMENDATIONS**

For the following tests:	Fasting glucose	Gastrin	GTT Gestational diabetes Confirmation
	Insulin	Triglycerides	GTT Non-pregnant 75 g load
Do not eat or drink (except water as required for thirst) for at least 8 h (6 h if pregnant) before test.			
Do not avecad 10 h foot /0 h if no	t		

Do not exceed 12 h fast (8 h if pregnant)

<sup>&</sup>lt;sup>2</sup> - High dose: Gentamicin / Tobramycin (5 - 7 mg / kg q24hr), Amikacin (15 - 20 mg /kg q24hr)

<sup>&</sup>lt;sup>3</sup> - Hartford dose: Gentamicin / Tobramycin ( 7 mg / kg q24hr), Amikacin (15 mg /kg q24hr)



island health

ELECTRODIAGNOSTIC REQUISITION

# Patient Information Label Here

North Island Hospital (CVH)

HEART AND LUNG DIAGNOSTICS 101 Lerwick Rd. Courtenay, BC V9N 0B9

PHONE: 250-331-5900 ext 65390

FAX: 250-331-5904

ORDERING PHYSICIAN	Ward / Room #:  □ ED (Emerg) Room #:  □ Do as outpatient				
FAMILY PHYSICIAN					
COPIES TO					
PRECAUTION   YES   NO					
TYPE: CONTACT DROPLET AIRBORNE					
PATIENT STATUS: ☐ ROUTINE ☐ ASAP X STAT ☐ PREOP SURGERY	DATE T	IME			
PROCEDURE REQUESTED: X ECG STRESS TEST 24HR HOLTER MONITOR 7 DAY HOLTER MONITOR PACEMAKER YES NO					
☐ 15 lead ecg (V4R, V8, V9) ☐ stress tests and 7 day holters: (orderable by Internist only)					
					☐ 24HR ABP: (self-pay \$40)
CLINICAL DIAGNOSIS and/or CURRENT SYMPTOMS: (mandatory)  Gi gdYWYYX GYdg]g	CHEST PAIN/PRESSURE. SOB ELEVATED CHOLESTEROL ANGINA CAD HYPERTENSION	☐ PACEMAKER ☐ DIABETIC ☐ FAMILY HISTORY ☐ ROUTINE CHECK UP ☐ OTHER			
MEDICATIONS: Holter or Stress test requests only					
	:				

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